

Lesson 7: Radiation Health I

Preparatory Readings

LP #	Unit 1: Mission Bfg/ App Process	LP #	Unit 2: Space Weather	LP #	Unit 3: Radiation Health	LP #	Unit 4: Power Systems	LP #	Unit 5: Life Support	LP #	Unit 6: Pre-Mission Prep
	Mission Briefing	4	Specialist Orientation		Chapter 2		Chapter 3		Chapter 4	13	Overview of Teams
1	The Mission		Chapter 1	7	New Frontiers & New Dangers	9	The Energy Supply Problem	12	How I Discovered Air	13	Mission Directives
1	We Need You	4	Here Comes the Sun	8	Electromag Rad: Taming the Wild Energies	9	Rechargeable Batteries	12	A Weighty Discovery	13	Classroom Setup
1	Space Station Alpha	4	Inside the Atom	7	Do You Want the Recipe?	10	All About Power	12	Living in a Bubble		Team Preparation Introductions
opt	Verizon	5	Sheer Magnetism (Hands On)	7	In the Kitchen with Poly	10	Emergency Procedures	12	Breathing on the Space Station	13	STORM Team Overview
	How to Apply	5	Dr. Z. Inside the Sun	7	Measuring Exposure to Radiation	10	Practice Ex: Power on the SS (Hands On)			13	Radiation Team Overview
2	Apply Today				Enrichment Activities		Enrichment Activities			13	Power Team Overview
2,3	Personal Essay			7	Ready, Aim, Mutate! (Hands On)	10	Electrical Current Mag Field (Hands On)			13	Life Support Team Overview
2,3	Class Activity: Station Systems			7	Sweet Dreams are Made of These (Hands On)	10	Electrical Circuit: Quick Guide (Hands On)			13	Communications Team Overview
opt	Mission Patch			7	Are You Too Hot? (Hands On)	10	Nailing Down Energy (Hands On)				
						10	A Shocking Discovery (Hands On)				
						10	Electrolysis (Hands On)				
						10	It's Electric (Hands On)				

Depending on which of the following hands-on explorations you choose, only one preparatory reading is absolutely necessary. However, all the readings will need to be completed for the next lesson.

Ready, Aim, Mutate! (hands-on) → *Do You Want the Recipe?*

Sweet Dreams are Made of These (hands-on) → *In the Kitchen with Poly*

Are You Too Hot? (hands-on) → *Measuring Exposure to Radiation*

Other Homework Due: (none)

Subject

The ALARA guidelines, radiation shielding, OR radiation absorption

Description of Student Activities

During this class the students will explore radiation using the *You Are Too Hot* OR *Sweet Dreams Are Made of These* OR *Ready, Aim, Mutate!* explorations.

Duration

45 min. Radiation exploration

Main Topics:

- Using the ALARA guidelines (limiting time of exposure to radiation, increasing distance from radiation, or using shielding), humans can protect their DNA or cells from dangerous radiation. (*Ready, Aim, Mutate!*)
- Shielding may be made of various materials and may be configured to minimize exposure to dangerous radiation. (*Sweet Dreams are Made of These*)
- Dangerous radiation is measured in rads and rems. Astronauts (humans) may receive radiation from terrestrial sources, workplace sources, and while in orbit. (*Are You Too Hot?*)

Materials

Materials for chosen exploration

Outcomes

(*Ready, Aim, Mutate!*)

- Students will explain what ALARA means and summarize the shielding options available to the astronauts during a severe coronal mass ejection.
- Students will explain how radiation can affect human DNA and cells.

Or

(*Sweet Dreams are Made of These*)

- Students will explain the best materials to use for radiation shielding and explain how to arrange it to minimize radiation exposure

Or

(*Are You Too Hot?*)

- Students will explain the dangers of radiation on board Space Station Alpha using the terms "rad," "rem," and "dose."
- Students will calculate the amount of radiation exposure a human may receive over a lifetime

Special Comments:

These explorations were highly successful during field testing. They generated a lot of student excitement and creative thinking. Your choice of exploration may be based upon available materials.

During the field tests, the teacher's questions during the wrap-up of the exploration brought out a lot of new ideas. Ask questions such as, "What did you like about your solution?" "What would you do differently if you could do this exploration over again?"

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Procedure:

Exploration of choice (45 minutes). The students, in groups, perform their exploration and each group reports on its findings, successes, and what they would do differently a second time.

Ready, Aim, Mutate! Uses squirt guns. Please apply all necessary precautions. Suggestion: Assign only one student per group to handle the guns and have students handle and squirt the guns in a test area to get over the novelty and excitement of it before the exploration. 20-30 min.

Sweet Dreams are Made of These: Uses \$20 of materials and two hours of preparation for the teacher. 30-40 min.

Are You Too Hot?: Board game. Requires printing boards and taping together and preparation of game materials. 20-30 min.

Homework for Lesson 8

Read any remaining articles from this list

- New Frontiers & New Dangers
- Electromagnetic Radiation: Taming the Wild Energies
- Do You Want the Recipe?
- In the Kitchen with Poly
- Measuring Exposure to Radiation

Complete answers to *Closure* questions from today's hands-on exploration
